



Missouri Consolidated Health Care Plan
 573-751-0771 · 800-487-0771 · www.mchcp.org
 832 Weathered Rock Court, Jefferson City, MO 65101

**Request for Restriction on Use & Disclosure
 of Health Care Information and/or
 Confidential Communication**

Public Entity

Please print clearly and fill out this form completely.

Submit this form:
 ☞ **Online:** Upload through myMCHCP
 ☎ **Fax:** 800-834-5181
 ✉ **Mail:** PO Box 104355
 Jefferson City, MO 65110-4355

MCHCP Use Only

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Instructions

If you need assistance in completing this form, please contact MCHCP at 800-487-0771.

Section 1 – Member Information

Member Name (Person wanting to restrict information): _____ **MCHCPid** (Provide **either** MCHCPid or Social Security Number) _____

Address: _____ **or Social Security Number:** _____

City: _____ **State:** _____ **ZIP Code:** _____

Primary Phone Number: Home Work Mobile **Secondary Phone Number:** Home Work Mobile
 (_____) _____ - _____ (_____) _____ - _____

Section 2 - Information Restriction and Confidential Communication

Please fill out Column A **and/or** Column B.

Column A	Column B
Health Care Information to be Restricted (Please specify what information should be restricted): _____ _____ _____ _____ Nature of Restriction (Please specify to whom the information should be restricted. Ex - health plan vendor, medical provider, relative, etc.): _____ _____ _____ _____	Health Care Information to be Communicated Confidentially: _____ _____ _____ _____ Preferred Alternative Location/Address/Telephone Number/Email: _____ _____ _____ _____

Section 3 – Member Authorization

You have the right to request that we restrict our use and disclosure of your health care records and information. We do not have to agree to your requested restrictions. If we do agree to the requested restriction, we will abide by the restriction unless an emergency requires otherwise. You also have the right to request that we communicate certain health care information to you in confidence. We will accommodate your reasonable written requests to receive communications of health information by alternative means or at alternative locations only if you specify the alternative location, address, or telephone number and/or the alternative means of contact.

Signature of Member: _____ **Date (MM/DD/YYYY):** ____/____/____

Or, Signature of Person Authorized by Law to Act for the Member (Attach proof of authority to act): _____ **Date (MM/DD/YYYY):** ____/____/____

MCHCP STAFF ONLY

Request for Restriction: ACCEPTED DENIED Request to Communicate Confidentially: ACCEPTED DENIED

This Request for Restriction and/or Confidential Communication Form is to be made a part of the medical record of (Member Name): _____

Return a copy of completed form to individual and place original as part of individual's medical record.