

Title 22—MISSOURI CONSOLIDATED HEALTH CARE PLAN
Division 10—Health Care Plan
Chapter 2—State Membership

PROPOSED AMENDMENT

22 CSR 10-2.140 Strive for Wellness[®] Health Center Provisions, Charges, and Services. The Missouri Consolidated Health Care Plan is amending sections (2) and (4).

PURPOSE: This rule establishes the policy of the board of trustees in regard to provisions, charges, and services available to members of the Missouri Consolidated Health Care Plan (MCHCP) through the Strive for Wellness[®] Health Center.

PURPOSE: This amendment clarifies available services and preventive services; and revises the names of the medical plans.

(1) Eligibility. Active employees enrolled in an MCHCP medical plan shall be eligible for and able to access the services available at the health center as described in this rule.

(2) Available Services. The health center provides access to treatment for uncomplicated minor illnesses and to preventive health care services including, but not limited to, the following:

- (A) Sore throats/ears/headache;
- (B) Strains/sprains/musculoskeletal problems;
- (C) Non-specific abdominal pain;
- (D) Non-specific chest pain;
- (E) Cough;
- (F) Sinus conditions;
- (G) Allergies;
- (H) Hormone injections;
- (I) *[Immunizations]***Vaccinations** including *[immunization for]* influenza **vaccine**;
- (J) Rashes;
- (K) Acute urinary complaints;
- (L) Personal hygiene related problems;
- (M) Acute injuries/acute routine office procedures;
- (N) Minor surgical procedures, such as sutures for laceration treatment;
- (O) Ordinary and routine care of the nature of a visit to the *[doctor's]***health care provider's** office; and
- (P) Clinical Laboratory Improvement Amendments (CLIA)-waived lab services.

(3) Limitations and Exclusions.

- (A) The following employees are not eligible for the health center:
 - 1. Active employees who are not enrolled in an MCHCP medical plan;
 - 2. Dependents of active employees; and
 - 3. Retirees and their dependents.
- (B) Services that are beyond the scope of practice of the health center including, but not limited to, the following:
 - 1. Emergency services;
 - 2. Urgent care services;
 - 3. Radiology services;
 - 4. Specialist services;
 - 5. Pharmacy services;

6. Occupational, speech, and physical therapy services; and
7. Chiropractic services.

(4) Charges for the following services apply:

(A) Office visit—

1. For active employees enrolled in the MCHCP PPO [300]750 or PPO [600]1250 Plan, fifteen dollars (\$15) payable at the time of service;
2. For active employees enrolled in the Health Savings Account (HSA) Plan forty-five dollars (\$45) payable at the time of service; and
3. The office visit includes the evaluation and management of the patient and any associated laboratory services performed by the health center;

(B) Preventive [care]services—

1. For active employees enrolled in the MCHCP PPO [300]750 Plan, PPO [600]1250 Plan, or HSA Plan, preventive [care is] services are covered at one hundred percent (100%); and
2. Preventive[care]services shall have the same meaning as in 22 CSR 10-2.055; and

(C) Health center services are outside the MCHCP PPO [300] 750 Plan, PPO [600]1250 Plan, and HSA Plan benefits and payments for health center services do not apply toward any associated deductible or out-of-pocket maximum.

AUTHORITY: section 103.059, RSMo 2000. Emergency rule filed Oct. 30, 2013, effective Jan. 1, 2014, expired June 29, 2014. Original rule filed Oct. 30, 2013, effective June 30, 2014. Amended: Filed Oct. 29, 2014, effective May 30, 2015. Amended: Filed Oct. 28, 2015, effective May 30, 2016. Emergency amendment filed Oct. 30, 2018, effective Jan. 1, 2019, expires June 29, 2019.*

PUBLIC COST: This proposed amendment will not cost state agencies or political subdivisions more than five hundred dollars (\$500) in the aggregate.

PRIVATE COST: This proposed amendment will not cost private entities more than five hundred dollars (\$500) in the aggregate.

*NOTICE TO SUBMIT COMMENTS: Anyone may file a statement in support of or in opposition to this proposed amendment with the Missouri Consolidated Health Care Plan, Judith Muck, PO Box 104355, Jefferson City, MO 65110. To be considered, comments must be received within thirty (30) days after publication of this notice in the **Missouri Register**. No public hearing is scheduled.*

**Original authority: 103.059, RSMo 1992.*